








WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN DISH	Chicken casserole with baby new potatoes	Chicken curry with rice	Roast Beef with Yorkshire pudding, gravy & mash or roast potato	Spaghetti Bolognese with Garlic Bread	Fish of the day with chips
VEGETARIAN MAIN DISH	Pizza of the day with baby new potatoes	Vegetarian cottage pie 	Quorn & vegetable stir fry with noodles 	Macaroni cheese with garlic bread	Vegetarian sausage with chips
ACCOMPANIMENTS	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Crunchy oat & apple squares  Strawberry whip	Lemon drizzle cake and custard Fruit in Jelly 	Fruit sponge & custard Cheese, crackers & fruit 	Sticky toffee pudding with custard  Fruit Meringue	Assorted biscuits
FRESH FRUIT & YOGHURT 	Fresh fruit and yoghurt	Fresh Fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU



Variety is the key to a healthy diet. try something new today!



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION



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